

LENT AT A GLANCE*

- COLOR CODE:
- FAITH FORMATION
- CONFESSION
- SPECIAL MASS
- YOUTH NIGHT
- STATIONS
- YA&A STUDY

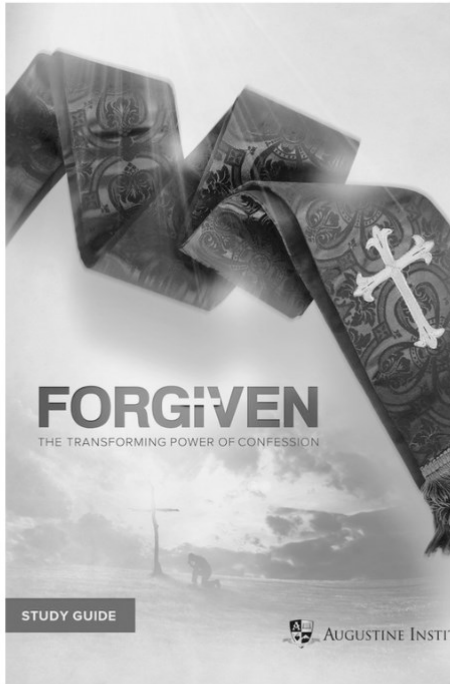
SUN	MON	TUE	WED	THU	FRI	SAT
FEB. 11 Faith Formation: 9-10:45am Pre-6 Fam 7-12 Class	12 Youth Night: 6-9pm	13	14 Ash Wednesday Mass: 9am & 6pm	15	16 Stations of the Cross, followed by Soup: 6pm	17 Confession: 3-4pm
18 Faith Formation: 9-10:45am Pre-6 Class 7-12 Fam	19	20 Adoration and Confession: 6-7pm	21 Young Adult & Adult Study: 6:30-8pm	22	23 Stations of the Cross, followed by Soup: 6pm Youth Night: 6-9pm	24 Confession: 3-4pm
25 Faith Formation: 9-10:45am Pre-6 Fam 7-12 Class	26 Youth Night: 6-9pm	27 Adoration and Confession: 6-7pm	28 Young Adult & Adult Study: 6:30-8pm	29	MAR. 1 Stations of the Cross, followed by Soup: 6pm	2 Confession: 3-4pm
3 Faith Formation: 9-10:45am Pre-6 Class 7-12 Fam	4	5 Adoration and Confession: 6-7pm	6 Young Adult & Adult Study: 6:30-8pm	7	8 Stations of the Cross, followed by Soup: 6pm Youth Night: 6-9pm	9 Confession: 3-4pm.
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24 Palm Sunday Faith Formation: 9-10:45am Pre-6 Fam 7-12 Class	25 Youth Night: 6-9pm	26 Adoration and Confession: 6-7pm	27	28 Holy Thursday: 7pm (no 9am Mass)	29 Good Friday: 3pm Stations, 7pm Service (no 9am Mass)	30 Easter Vigil: 8pm (no 5pm Mass)

31 Easter Sunday Mass: 8am & 11am

*Unless otherwise noted, Saturday Mass: 5pm. Sunday Mass: 8am & 11am. Weekday Mass: 9am. Info at holycrossalaska.net

LENT 2024

LEARN. PRAY. ENCOUNTER.



CONFESSION VIDEO STUDY

WEDNESDAYS

Join young adults & adults for 5 **Wednesday nights (6:30-8pm)** for videos and discussions.

Preview the study at signup.formed.org (search Holy Cross Anchorage & follow prompts).

There is no cost for the study!



STATIONS OF THE CROSS

FRIDAYS

Pray the Stations of the Cross **every Friday during Lent. Followed by Soup Supper.**

Details about the **Good Friday Faith Walk in downtown Anchorage** will be available in the coming weeks.



ADORATION & CONFESSION

TUESDAYS

Join us for Eucharistic Adoration & Confessions **every Tuesday (6:30-7:30pm)** instead of a Reconciliation Service.

Build a weekly prayer habit and encounter Christ in a new way!

FREE RESOURCES

Daily videos for **kids (and adults!)** are available online at Formed. You can also pick up a "**Little Black Book**," **Word Among Us**, or **CRS Rice Bowl** from the foyer. Have a blessed Lent!



40 LBS A DAY FOR 40 DAYS OF LENT FOOD DRIVE

In Alaska, 1 in 11 adults and 1 in 8 children experience hunger daily. At Catholic Social Services, our St. Francis House Food Pantry provides food for those in need, distributing over 871,615 lbs. to an average of 1300 households per month in Fiscal Year 2023.

During this season of Lent (February 14 - March 30), we are asking for your help in meeting the need by gathering 12,000 lbs of food to give to hungry families!

WHAT WE NEED MOST:

- Pasta & rice
- Canned proteins
- Canned vegetables
- Canned fruit

To help drive us toward our 12,000 lb goal,
WE ARE HOSTING A FRIENDLY COMPETITION
to see which group donates the most food over the 40 days of Lent!

The winners who donate the most over Lent will receive a shoutout on social media & parish announcements!

Drop donations off at 3710 E 20th Ave, Monday-Thursday 1pm-4pm and Fridays 9am-4pm. (You can still donate even if you don't want to participate in the competition.)

Each week we will update the status of the drive on social media so look out for our posts @cssalaska!

To join the competition or if you have any questions, reach out to Kelly Mullin at kmullin@cssalaska.org or at 907-717-3093.





February 14 to March 24, 2024

40 DAYS FOR LIFE[®]

THE BEGINNING OF THE END OF ABORTION.

This Lent, make a sacrifice for the unborn and their parents. Join people of all faiths in peaceful prayer and public witness outside Planned Parenthood February 14 to March 24.



Standing outside an abortion business can be a very powerful experience, but it can also be unsettling on the one hand, or even boring on the other. You might wonder if you are doing any good? **You are.**

Since 2008, 40 Days for Life has witnessed thousands of women change their minds about abortion; nearly 150 abortion facilities closed; and at least 250 abortion workers quit. When you come to the sidewalk, you are standing up for unborn children who are being killed in their mothers' wombs. You are witnessing to the dignity and worth of each human life: the baby, the mother, and the father. You are offering another way.

Sign up for just one hour, or an hour a week, or more! If you've never prayed outside an abortion business and want to go with someone experienced, we can match you with someone and go together.

For more information

<https://www.40daysforlife.com/en/anchorage>

